



Dish

◉ EVENTS AND CATERING ◉



Bowl Food Menu



BOWL FOOD

Available hot or cold | Can be scaled up and served in chaffing dishes



Tofu Bahn Mi Tofu Noodle Bowl - £7.50 (GF)
Chicken Bahn Mi Tofu Noodle Bowl - £9.00 (GF)
Rice noodles, kimchi, crunchy cucumber cabbage vegan Bahn Mi dressing, cashew nuts

Sweet Potato Coconut Curry Bowl - £7.50 (GF)
Chicken Sweet Potato Coconut Curry Bowl - £9.00 (GF)
Spiced chickpea, sweet potato curry coconut curry, wild rice, kale, cashews

Satay Chicken White Wild Rice Bowl - £9.00 (GF)
Satay chicken, white and black wild rice, pak choi, cabbage, crushed cashew nuts coriander

Beef Chilli Rice Nacho Bowl - £8.00
Beef chilli white rice, nachos, sour cream chive dip

Some dishes are subject to VAT

Swedish Meatball Bowl - £8.50
Vegetarian Meatball Bowl - £8.50

Swedish meatballs, buttered mustard mash white gravy, red jelly, spring greens

Mezze Bowl - £9.00 (V/VG)

Falafel, roasted Mediterranean veg, hummus, flatbread, paprika chickpeas, tzatziki

Chicken Burrito Bowl - £9.00 (GF)

Cajun spiced chicken, black bean rice, sweet corn, salsa, sour cream, guacamole, tortilla chips

Huevos Rancheros Bowl - £7.50 (V)

1 fried egg, flour tortilla, pico de gallo tomatoes, chilli peppers, onion
coriander, refried beans, guacamole

Sweet Chilli King Prawn Noodle Salad Bowl - £9.00

King prawns, egg noodles, spring onions, spinach, carrot, cabbage, red onion
cucumber, fresh chilli, sweet chilli dressing

Menus are subject to change due to seasonality and product availability



Hummus Chickpea Avo Bowl - £7.50

Hummus, spiced chickpeas, avocado, spinach mixed leaf, flatbread, fresh chilli garnish

Spinach Roasted Beetroot Feta Bowl - £7.00 (GF)

Spinach, roasted beetroot, sweet potato, feta pomegranate, seeds, mixed leaf salad, balsamic dressing

Chicken Spinach Beetroot Feta Bowl - £9.00 (GF)

Chicken, spinach, roasted beetroot, sweet potato feta, pomegranate, seeds, mixed leaf, salad balsamic dressing

Chicken Superfood Salad Bowl - £9.00 (GF)

Chicken, broccoli, quinoa, chickpeas, spinach herbs, pomegranate, pumpkin seeds, citrus dressing

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