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# **BREAKFAST SANDWICHES**

Egg & Cheese Barm - £3.50 Two fried eggs, American Cheese on a toasted buttered barm

Bacon & Egg Barm OR Sausage & Egg Barm - £4.00

Streaky bacon or homemade sausage patty, one fried egg, American Cheese on a toasted buttered barm

Bacon & Sausage Barm - £4.50
Streaky bacon, homemade sausage patty on a toasted buttered barm

Sausage, Bacon & Egg Barm - £4.50

Streaky bacon, house made sausage patty, one fried egg, American Cheese on a toasted buttered barm

Pesto, Egg and Avocado Breakfast Barm - £4.00 Egg, pesto, avocado on a toasted buttered barm

Breakfast Wrap - £4.50

White tortilla wrap filled with American cheese, hash brown, bacon, sausage and egg





Chicken mayo, lettuce Prawn Marie Rose Ploughmans | Cheese, pickle, tomato, lettuce Breakfast | Sausage, bacon, egg mayo

> **FULL SANDWICHES AVAILABLE** PRICE DEPENDANT ON SELECTION



# BUDDHA BOWLS

Available hot or cold | Can be scaled up and served in chaffing dishes



Tofu Bahn Mi Tofu Noodle Bowl - £7.50 (GF) Chicken Bahn Mi Tofu Noodle Bowl - £9.00 (GF) Rice noodles, kimchi, crunchy cucumber cabbage vegan Bahn Mi dressing, cashew nuts

Sweet Potato Coconut Curry Bowl - £7.50 (GF) Chicken Sweet Potato Coconut Curry Bowl - £9.00 (GF) Spiced chickpea, sweet potato curry coconut curry, wild rice, kale, cashews

Satay Chicken White Wild Rice Bowl - £9.00 (GF) Satay chicken, white and black wild rice, pak choi, cabbage, crushed cashew nuts coriander

Beef Chilli Rice Nacho Bowl - £8.00
Beef chilli white rice, nachos, sour cream chive dip

# SALAD BOWLS



#### Hummus Chickpea Avo Bowl - £7.50

Hummus, spiced chickpeas, avocado, spinach, mixed leaf, flatbread, fresh chilli garnish

# Spinach Roasted Beetroot Feta Bowl - £7.00 (GF)

Spinach, roasted beetroot, sweet potato, feta, pomegranate, seeds, mixed leaf salad balsamic dressing

# Chicken Spinach Roasted Beetroot Feta Bowl - £9.00 (GF)

Chicken, spinach, roasted beetroot, sweet potato, feta, pomegranate, seeds, mixed leaf salad, balsamic dressing

# Chicken Superfood Salad Bowl - £9.00 (GF)

Chicken, broccoli, quinoa, chickpeas, spinach, herbs, pomegranate, pumpkin seeds citrus dressing

# Sweet Chilli King Prawn Noodle Salad Bowl - £9.00

King prawns, egg noodles, spring onions, spinach, car<mark>rot,</mark> cabbage, red onion cucumber, fresh chilli, sdweet chilli dressing



SWEET TREAT

SELECTION OF MACARONS
BELGIAN SUGAR WAFFLE
DOUGHNUT BITES
PINK WAFERS
CHOCOLATE COVERED PRETZELS
CHOCOLATE BROWNIES
MINI MARSHMALLOWS
SWEET POPCORN
SELECTION OF FRESH FRUIT
CHOCOLATE FUDGE SAUCE

LUNCH BOX A
PERSONAL £7.00 / SMALL £18.50
OPTION 1
SELECTION OF SANDWICHES
HOMEMADE SAUSAGE ROLL
MINI CAKE OR TREAT
CRISPS & SEASONAL FRUIT

MEDITERRANEAN VEGETARIAN
PAPRIKA HUMMUS
HERB MARINATED OLIVES
FETA CHEESE
CHARGRILLED COURGETTE
CUMIN FALAFEL
SPICED CAULI BITES
TZATZIKI DIP
SELECTION OF BREAD & CRACKERS
SELECTION OF SEASONAL FRUIT
SELECTION OF NUTS
{ CAN BE MADE VEGAN ON REQUEST }

LUNCH BOX B
PERSONAL £10.00 / SMALL £27.50
OPTION 2
SELECTION OF SANDWICHES
GOURMET PORK PIE
MINI LOAF CAKE
CRISPS & SEASONAL FRUIT



Grazing boxes	Feeds circa		Cost
Ploughmans, Antipasti, Med Veg			
Personal grazing box		1	£15.00
Medium grazing platter	2 -3 people		£45.00
Large grazing platter	4-5 people		£55.00
Sweet Treats			
Personal grazing box		1	£10.00
Small grazing platter	2 -3 people		£22.00
Large grazing platter	4-5 people		£32.00

£150.00

£230.00

£285.00 £435.00

£580.00

£875.00

£60.00

£90.00

£65.00

£130.00

£1,170.00





DISHES CAN BE MIX AND MATCHED TO CREATE A BESPOKE MENU | PRICE DEPENDS ON SELECTIONS

# MENU 1: £12.00PP

#### Mains

Vegan Sweet Potato Curry Chicken Sweet Potato Curry

#### Sides:

Coriander wild rice Charred tenderstem broccoli Charred flatbreads

#### MENU 3: £13.00PP

#### Mains

Cajun spiced chicken, pepper & onion skewers Cajun spiced aubergine, pepper & onion skewers

#### Sides:

Wholemeal pitta Garlic herb new potatoes Carrot, red cabbage slaw

# MENU 2: £10.00PP

#### Mains

Traditional Swedish meatballs
Vegetarian meatballs

#### Sides:

Buttered creamy mash Swedish white gravy Red currant jelly

#### MENU 4: £11.00PP

#### Mains

Beef chilli with sour cream & salsa
Three bean veg chilli with sour cream & salsa

#### Sides:

White long grain rice Lightly salted nachos



# MENU 5: £13.50PP Mains Chilli and lime grilled Tofu (VG) (GF) Chilli and lime grilled tiger prawns (GF)

All served with
Rice noodles (VG) (GF)
Ginger, garlic, spring onion baby corn (VG) (GF)

MENU 7: £14.50PP Mains

Harissa spiced aubergine (VG) (GF) Harissa spiced salmon (GF)

All served with

Mint jeweled couscous (VG)
Cucumber raita yogurt (VG) (GF)
Roasted squash mixed herb salad (VG) (GF)

MENU 6: £13.50PP Mains

Vegan lentil spiced pilaf (VG) (GF) Smoked paprika chicken and chorizo pilaf (GF)

All served with

Sultana almond rice (VG) (GF) Charred garlic chapitis (VG) (GF)

> MENU 8: £13.50PP Mains

Sesame asian tofu with banh mi sauce crispy onions (VG) (GF) Sesame garlic black pepper pork (GF)

All served with

Stir fried rice noodles (VG) (GF)

Salads

Ginger & garlic pak choi bean sprouts salad (VG) (GF)





MENU 9: £13.50PP

Mains

Sweet potato chickpea curry cashew nuts (VG) (GF) Chicken sweet potato chickpea curry cashew nuts (GF)

All served with

Black and white wild rice (VG) (GF) Charred wholemeal flatbread (VG)

MENU 10: £14.50PP

Mains

Spanish Chicken with Roasted Mediterranean Vegetables (GF)

Roasted Aubergine Chicken with Mediterranean Vegetables (VG) (GF)

All served with

Herb New Potatoes (VG) (GF)
Charred asparagus with lemon dressing (VG) (GF)

### How to order a hot buffet for your event:

If you're looking to offer a warm working lunch our hot buffet menus are the ideal choice. We use chaffing dishes to make our hot buffets accessible regardless of the venue restrictions because they are ideal for locations that prohibit equipment that creates smoke.

#### Can I mix and match across menus?

Yes, we are happy for dishes to be swapped or added an additional items

#### Is there a minimum number of guests required?

Our buffet menus are quite flexible. Depending on the menu we can cater for a min of 15 guests.



# **Cold Buffet Menus**

DISHES CAN BE MIX AND MATCHED TO CREATE A BESPOKE MENU | PRICE DEPENDS ON SELECTIONS

# MENU 1: £14.00PP Mains

Beetroot cumin spiced falafel (VG) Cajun spiced chicken, pepper & onion skewers (GF)

#### All served with

Warm wholemeal pitta (VG)
Garlic herb new potatoes (VG) (GF)

### Salads

Carrot, red cabbage slaw (VG) (GF)

# MENU 2: £15.50PP Mains

Chilli and lime grilled Tofu (VG) (GF)
Chilli and lime grilled tiger prawns (GF)

#### All served with

Rice noodles (VG) (GF)
Ginger, garlic, spring onion baby
corn (VG) (GF)

### Salads

Mango and black bean salad (VG) (GF)





# MENU 3: £15.50PP

Mains

Harissa spiced aubergine (VG) (GF)
Harissa spiced salmon (GF)

# All served with

Mint jeweled couscous (VG) Cucumber raita yogurt (VG) (GF)

# Salads

Roasted squash mixed herb salad (VG) (GF)

# MENU 4: £15.50PP

# Mains

Lemon, thyme, honey Quorn chicken pieces (VG) (GF)
Lemon, thyme and honey chicken breasts (sliced) (GF)

#### All served with

Vegetable cous cous (VG) (GF) Floured tortilla flatbreads (GF)

#### Salads

Kale caesar salad (VG) (GF)

#### MENU 5: £13.50PP

### Mains

Paprika smoked chicken skewers (GF) Paprika smoked aubergine skewers (VG) (GF)

#### All served with

Salsa, guacamole & sour cream (V) (GF) | Rainbow tortilla chips (GF)

#### Salads

Sweet potato black bean salad (VG) (GF)





# Ordering:

To place an order with us please email info@disheventsandcatering.com with the below info

Type of food you require i.e. healthy breakfasts, hot breakfasts, healthy lunch, hot buffets, buffet drop off
Type service style i.e. hot buffet, salad stations, platters | Guests numbers
Budget per head | Allergen/dietary requirements

If you would like a bespoke menu creating please let us know some details like preferred cuisine, style etc and we'll be happy to create a menu for you.

#### Notice:

We require 48-72 hours' notice depending on the numbers and food requirements.

#### Confirmation & Payment:

Depending on when the event is, a deposit of 20% to 50% is needed to secure your booking. A confirmation email and revised invoice will be sent after this deposit has been paid, confirming the date in our calendar.

#### Cover:

£5 mil product & public liability

Contact Info:

Got some questions? We are more than happy to help and answer any questions you may have.

Contact us via any of the means below and we'll get back to you as soon as we can

info@disheventsandcatering.com | Rebecca ~ 07535614130 / Rob ~ 07713458<mark>580 | www.disheventsandcatering.com</mark>